

How to help us help you.

Print out and take it to your next doctor's office visit. It will help your doctor help you.

For health information from the Pennsylvania Medical Society, visit our Web site at www.myfamilywellness.org.

Share your symptoms, questions, and concerns.

Start with the most important.

Ask about your medications.

What are they?

What do they do?

Do you need refills on any prescriptions?

Ask about your tests and the results.

And tell your doctor if you've had other tests since your last visit.

Before you leave, find out:

Your next appointment date.

How to reach the doctor's office after hours.

What to do in an emergency.

Keep in touch!

Tell your doctor any changes in your condition.

Questions and Notes:

Provided by:



Pennsylvania
MEDICAL SOCIETY®

Doctors and Patients. Preserve the Relationship.®

© 2006, Pennsylvania Medical Society